This newsletter is produced by a small volunteer editing crew to help keep our community connected and informed. We welcome your contributions!

Please send your newsletter items to: rotoitinews@gmail.com

Deadline for next issue: 5pm Friday 29 March 2024 (Easter)

You can view and download previous issues at

www.lakerotoiti.school.nz/newsletters.h





### Lake Rotoiti School News

As always, it's been a busy few weeks.

We have been enjoying Yoga with Ashton every Wednesday morning, and we have had sailing lessons, swimming sports and a morning at Whiskey Falls and the jumping rock.

Sailing lessons were held on one of the few drizzly nasty days this year, and unfortunately we had to cancel before the Juniors arrived. It was just too cold and windless. Despite this the Seniors had some fun and mostly learnt how to sail before the wind died.

We'd like to thank the parents who brought boats down to act as rescue tenders for the day.



### 18 March 2024

### Coming up

Sunday 7 April - power outage 7am – 5pm (approx.) Network Tasman maintenance at Kikawa substation

Sunday 14 April - power outage 7am – 5pm (approx.) Network Tasman maintenance at Kikawa substation

Saturday 23 March – dog trials @ Thorneycrofts Farm, SH63 St Arnaud

Saturday 23 March – Loop the Lake – sold out

**Sunday 21 April 10am – 4pm** Rural Resilience – refer to poster in newsletter

ANZAC Day parade 10.30am @ Community Hall – more info to follow

Thursdays 10am - 12pm
Playgroup. Community Hall. Ph
Kirsten 0220445829. Gold coin
donation.

Photos: Whiskey Falls. Fungi, R. Lamborne. Kerr Bay W, S. Wotherspoon

**Note:** regular notices about fitness related activities are listed in a separate box later in the newsletter.

The newsletter is run by volunteers in the community and occasionally we are unable to prepare a newsletter as scheduled. That's Life!

Two days later we had our swimming sports. It was a bright sunny day and the children competed very enthusiastically, almost beating the parent relay team.

The parent team included a ring-in auntie who turned out to be a speed machine. Thanks Dani.

Results on the last page of the newsletter.

The Whiskey Falls and Jumping Rock trip was a hotly anticipated event. Hamish did a great job of ferrying us and taking the Seniors up to the rock. Unfortunately, they encountered two wasp nests. The wasps were not welcoming!

Between the adults and the children there were 18 stings. Everyone was very staunch about it and after some ice and calming, the seniors went back to Whiskey Falls jetty for lunch and a swim.



As mentioned in the previous newsletter, this year marks the 75th anniversary of our school. The celebration will be held on the 26th of October 2024, save the date.

More information will be released in due course.

Nga mihi Miriam and Mike





Photos: Dana Bauer



Rotoiti/Nelson Lakes Visitor Centre have been busy this year with the return of the international tourists, New Zealanders travelling and Te Araroa walkers with the "alternative" route via Angelus Hut through Sunset Saddle to Hopeless Hut.

The number of visitors and sales appear to be back to pre-covid days which is good news for the Visitor Centre.

The Visitor Centre will be open on ANZAC Day and every day over the Easter holiday. The opening times will change from Monday 29 April to 9am – 4pm.

LOCAL HAPPY St Arnaud CHICKEN EGGS!

Order your weekly EGGS:

\$10 dozen: Pick up from Main Road Box

Turn Off to Nelson.

Email: koru@nym.hush.com

Mmm- yummy omelet!

# Daylight Saving ends on Sunday 7 April remember to change your clocks



Chimney Clean @ 03 544 4487 or 022 411 9059 or <a href="mailto:info@gdcleaning.co.nz">info@gdcleaning.co.nz</a>

**Plumbing:** Tuffnell Plumbing, Drainlaying plus Gasfitting - phone 0800 129 683

Water Tank Cleaning Specialist - phone Kerry 027 7477 902 or <a href="mailto:sherry@gmail.com">sherylkerry@gmail.com</a>

**Septic Tank Clean -** Kevin or Murray 03 544 8032 or www.simplyseptic.co.nz

# A good electrician.



- Industrial, commercial and domestic
- · Generator installs and repairs
- Electrical motor installs and repairs
- Pump installs and repairs
- Power tool repairs
- Automation and control
- · Solar and offgrid installs and repairs
- Motorhome installs and repairs
- Dairy electrical and pumps

Shane Steel 027 320 2335

shane@agoodelectrician.co.nz

Servicing St Arnaud and greater Tasman district







Local Carpenter now available for all your building requirements

Design work, estimates, at no charge

10 year Halo Guarantee for new builds

Design by inspiration Built with love and care by Santosh

Call Santosh: 021323228

or

Email: livingspacenz@yahoo.co.nz

### **Church Notices**

## Lake Rotoiti Chapel

Sundays 10.30am

Rotoiti Street, St Arnaud

Services are run by locals and are nondenominational. Everyone welcome.

Contact Ali/Sue 03 5211 110

### Rotoiti Hub

Sundays 10am

Local spirit-led Christian worship, equipping and encounter.

More details and enquiries: Nigel /Sarah 027 4413776 or Kay 035211261 / 0273072820

### CONTRIBUTING TO THE NEWSLETTER

Please send your contributions in the following formats:

Advertising and notices sized to fit the newsletter columns. Accepted formats: MSWord, PDF or JPG.

Full page ads incur a fee of \$30 Please pay at the Rotoiti/Nelson Lakes Visitor Centre.

Articles: plain text submitted in MS Word format, or in the body of an email.

Photos: JPG files up to 5MB, attached to an email (not embedded in text).

# BE GET STAY

# Regular activities in and around St Arnaud

**Monday Body Movers** Community Hall Mondays 10am. Low-impact group exercise, with fun feel good beats. BYO water, gold coin koha to the hall – Julie 027 2385597

**Mondays 7pm Badminton.** \$3 per person to go towards hall and shuttlecocks. Racquets available, all welcome! Ed 03 5211106

**Tuesdays 6.30pm Yoga -** Community Hall refer to advert in newsletter for details – Ashton 022 5257871

### Seido-Karate

Community Hall
Tuesdays 5pm - kids & beginners
Thursdays 5pm - General Class
Graeme 021 0859 4088. Gold coin donation

**2<sup>nd</sup> Wednesday of each month** – Friends of Rotoiti trapping @ 10am – Pip Berkett 027 521 1130

# Holistic Herbal Consultations custom tea blends to support immunity, sleep, energy, child and baby, and women's health contact Certified Herbalist Ashton Reid 022 525 7871

# Work beginning on Black Valley Wetland – starting Monday, 18 March

From Monday 18 March, Tasman District Council and contractors will be undertaking some earthworks to plug some of the remaining drains in the Black Valley Wetland.

Work is funded by Freshwater Improvment Fund Jobs for Nature and will be governed by DOC's Resource Consent for the activity.

There will be a number of volunteered conditions to modernise this approx. 15 yr old Consent, such as:

- An iwi monitor
- Fish Recovery
- Sediment erosion control

•

Not all drains are accessible for the digger, so for the hard to reach spots, we will use a helicopter to deposit soil.

Soil for the helicopter-placed plugs will come from within the Wetland to reduce the risk of spreading weeds. We are working in association with local iwi and harakeke / flax baskets will be trialled as geotextile bags. There will be follow-up planting and monitoring for weeds. Access along the 4wd drive track will be restricted during construction.

We apologise for any inconvenience and thank the public in advance for their patience. Work will take approximately two weeks.

### **Tim O'Connell**

**Communications Officer** 

DDI +64 3 543 7222 | Tim.O'Connell@tasman.govt.nz



### Results:

		_		
Senior boys 25m Free Senior Girls 25m Free			Girls 25m Free	
1	Isaac McGahan	1	Bonnie Richards	
2	Oliver Thomas	2	Nina Gottschalk	
3=	Max Bauer, Izak Grover	3	Poppy LeProu	
Open Boys 50m Free		Open	Open Girls 50m Free	
1	Oliver Thomas	1	Bonnie Richards	
2	Max Bauer	2	Nina Gottschalk	
3	Izak Grover	3	Leni Richards	
Senior Boys 25m Back		Senior	Senior Girls 25m Back	
1	Isaac McGahan	1=	Nina Gottschalk, Bonnie Richards	
2	Max Bauer	2	Poppy LeProu	
3	Izak Grover	3	Leni Richards	
Open Boys 25m Breast stroke		Open	Open Girls 50m Back	
1	Isaac McGahan	1	Poppy LeProu	
2	Oliver Thomas	2	Leni Richards	
3	Izak Grover	3	Charli Berryman	
Open Boys/Girls 50 Breast stroke		Open	Open Girls 25m Breast stroke	
1	Leni Richards	1	Nina Gottschalk	
2	Poppy LeProu	2	Bonnie Richards	
3	Charli Berryman	3	Jessica McCrostie	
Junior Boys 4 width Free		Junior	Junior Boys/Girls 1 width Free	
1	Lucca Berryman	1	Vanessa Bauer	
2	Benjamin Grover	2	Arlo Nicholls	
3	Kingston Gottschalk	3	Rico Harrington	
Junior flutter board width		Junior	Junior rocket width	
1	Benjamin Grover	1	Kingston Gottschalk	
2	Maggie LeProu	2	Benjamin Grover	
3	Kingston Gottschalk	3	Vanessa Bauer	
Rescue Race		Wet Clothes relay		
1	Nina and Benjamin	1	Poppy, Leni, Charlie, Frankie	
2	Bonnie and Lucca	2	Josie, Jessie, Bonnie, Nina	
3=	Izak and Arlo, Frankie and Vanessa	3	Isaac, Izak, Oliver, Max	
Best Bomb		Lifejac	Lifejacket race	
1	Charlie Berryman	1	Bonnie Richards	
2	Benjamin Grover	2	Charlie Berryman	
3=	Frankie and Lucca Berryman	3	Izak Grover	
Ride the Noodle		Parent	Parents vs Student Relay	
THE C	ne Noodie			
1	Jessica McCrostie	1	Parents (+ an aunty)	
			Parents (+ an aunty) Students	

# RURAL RESILIENCE **EXPO**



10AM - 4PM, 21ST APRIL 2024

HIGGINS PARK, WAKEFIELD



# LEARN

**CPR CHALLENGE** SHAKEY HOUSE ESCAPE HOUSE CHALLENGE INTERACTIVE DISPLAYS

# PREPARE

FOOD RESILIENCE

SURVIVAL EQUIPMENT

COMMUNICATION GO-BAGS





# CONNECT

**FOOD TRUCKS** 

FIRE SAFETY

LOCAL EXPERTS

MENTAL HEALTH RESOURCES

SAFETY & SECURITY

**PARK RIDES** 

FOR MORE INFORMATION FIND US ON FACEBOOK PROCUS WAKEFIELD



Yoga is on at the {
Lake Rotoiti Community Hall
Tuesday Evenings at 6:30pm
5 class pass ... \$80 || Drop-in ... \$20

Hello there, during the Spring and Summer seasons I have been taking time in furthering my studies to offer expanded systems of care. I can support fertility, pregnancy and postpartum, digestive disorders, pelvic imbalance, nervous system repair, general dis-ease, and more. Please contact me for information. I will be offering limited koha treatments and consultations until the end of March. x Ashton Kay

### Arvigo® Therapy

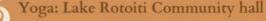
A traditional Maya bodywork treatment using herbal knowledge, abdominal and sacral massage, and spiritual healing to support reproductive, digestive, and structural integrity.

### Earth Remedies

Herbal Consultations: With an extensive intake form I create a tailored treatment plan for you with herbal remedies and recipes to help support you on your journey.



Consult/Inquire: 0225257871, ashtonkay@outlook.com



Treatments: Mobile in Nelson, Blenheim, Tasman or at my St Arnaud location,



Instagram: thebellybee

