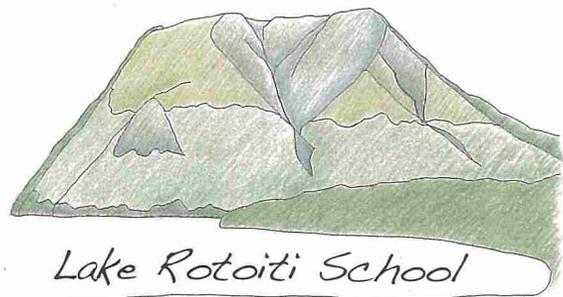


Community Consultation Health Curriculum 2016



Human Biology

This is the science curriculum component, but there are inherent links to the health curriculum.

At each class' own appropriate learning level, topics covered will include:

- The human skeleton
- The respiratory system
- The digestive system
- Other areas may be covered such as skin, the brain, muscles etc.

NB: reproduction is NOT covered; *life cycles* of insects, fish, amphibians, mammals etc. are covered in other topics.



Sexuality Education

- Sexuality Education is the term now used to describe all education from early years, through the primary and intermediate stages and to the end of Year 13.
- In Years 1 – 5, Sexuality Education is not a specific learning topic (at the current time); learning is mostly concerned with relationships; friendships, families, emotional literacy and hygiene - at this level, much of the learning is incidental.
- In Years 6-7, Sexuality Education is only concerned with preparing children for puberty and covers the changes that they can expect to happen, both emotional and physical and personal hygiene.
- At this stage, current best practice is that girls and boys are taught this unit together and learn about the changes that will happen to each other.
- Parents are informed that we will be covering this unit well in advance and have the opportunity to view the resources used and to discuss the programme.

NB: parents have the right of withdrawal for this unit



Bikesafe & Road Safety



- Road safety is covered at regular intervals in the Junior Class – this entails crossing roads safely, walking on pavements safely, being aware of cars coming out of driveways etc.
- Bikesafe was the programme that used to be run by the Police – restructuring and cutbacks mean that they have not been able to do this over the last two years.
- The biking programme was covered this year by the Ride-On Bike Safety group – funded by TDC; we aim to continue with this if funding is available in future years.

Keeping Ourselves Safe

Keeping Ourselves Safe is a personal safety programme which aims to provide children and young people with the skills to cope with situations that might involve abuse.

About Keeping Ourselves Safe:

- The programme was developed by Police and Education, in consultation with a wide range of community groups.
- Keeping Ourselves Safe is for very young children in early childhood centres and students at primary, intermediate and secondary schools. Different programmes have been prepared for different age groups so that at each level of their schooling children and young people learn new skills to keep themselves safer with other people.

The programmes are:

Knowing What to Do	Ages 5-7	School Years 0-3
Standing up for Myself	Ages 8-10	School Years 4-6
Getting Help	Ages 11-12	School Years 7-8
Building Resiliency	Ages 13-17	School Years 9-13

Parents have no legal right to withdrawal from these programmes

Bullying



- The school has a full set of Anti-Bullying procedures which covers definitions of what constitutes bullying and what will happen when bullying may have occurred.
- We have decided **not** to implement specific Anti-Bullying programmes as a part of our regular health curriculum, but to focus on developing and maintaining healthy and mutually respectful relationships through class discussions, reading, Circle Time, philosophy etc.
- Specific incidences of bullying are dealt with as and when they occur – as with all incidents, these are best dealt with sooner rather than later; the sooner we know about them, the more effectively we can deal with them.

DARE – drug awareness education

- The programme was developed by the New Zealand Police
- There are specific units for Years 5-6 and Years 7-8
- Topics covered such as:
 - - it's good to be me/what makes me special
 - - learning to listen
 - - how can I make good decisions?
 - - drugs and medicines
 - - identifying and dealing with 'hassles'